

# 10 ESSENTIALS FOR EVERY HIKE

1. Appropriate footwear – boots or tennis shoes.
2. Printed map and compass.
3. Extra water and chlorine dioxide tablets or other water purification method.
4. Extra food – energy bars, trail mix.
5. Rain and wind gear, extra clothing – bring fast-drying fabrics and avoid cotton.
6. Firestarter, headlamp and a whistle.
7. First aid kit.
8. Knife or multi-purpose tool.
9. Sunscreen and sunglasses.
10. Backpack.

Source: americanhiking.org

## MORE TIPS

- If going on a long hike, carry an emergency shelter and/or emergency blanket.
- Consider hiring a local guide for challenging activities.
- If you forget a map and compass, take a photo of the map posted at most trailheads.
- Cell service in the Gorge is spotty. If you download maps onto your phone, don't plan to rely solely on your phone for navigation.



Syncline Trail, by Darryl Lloyd

Established in 1986, the Columbia River Gorge National Scenic Area protects nearly 293,000 acres of trails, forest, waterfalls, parks and historical sites within this spectacular river canyon.

When visiting the Columbia River Gorge, take **Ready, Set, GORGE!** to heart.

- Plan ahead to avoid crowds.
- Bring what you need and check weather, trail and road conditions.
- Help protect the Gorge so future visitors can enjoy it, too.

## READY, SET, GORGE! RESOURCES

**TRAVEL INFO:** [traveloregon.com](http://traveloregon.com)

**ROAD INFO:** [tripcheck.org](http://tripcheck.org) | [wsdot.com/traffic](http://wsdot.com/traffic)

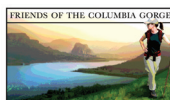
**HIKING INFO:** [gorgefriends.org](http://gorgefriends.org) | [fs.usda.gov/crgnsa](http://fs.usda.gov/crgnsa)

**TRAIL RECREATION FEES:** [gorgefriends.org/passes](http://gorgefriends.org/passes)

**SCENIC AREA INFO:** [fs.usda.gov/crgnsa](http://fs.usda.gov/crgnsa)

**TRANSIT INFO:** [columbiagorgeexpress.com](http://columbiagorgeexpress.com)  
[gorgefriends.org/hikebybus](http://gorgefriends.org/hikebybus) | [gorgetranslink.com](http://gorgetranslink.com)

**SHOP LOCAL:** [gorgeowned.org](http://gorgeowned.org)



# READY, SET, GORGE!

----- [ReadySetGorge.com](http://ReadySetGorge.com)



## MAKE IT FUN. MAKE IT SAFE.

Travel Tips for the Columbia River Gorge National Scenic Area

Get More Tips at [ReadySetGorge.com](http://ReadySetGorge.com)





Dog Mountain, courtesy of Friends of the Columbia Gorge



Boot Brush, by Debbie Asakawa



Catherine Creek, by David Dent



## GET READY

Avoid crowds and enjoy stunning vistas by following these tips.

- **Go Early** – before 10 a.m.
- **Go East** – beyond the Waterfall Corridor.
- **Go North** – discover Washington.
- **Go Midweek** – Tuesday through Thursday.

## GET SET

Plan ahead to have a safe and fun experience.

- Choose trails that meet your group's comfort and fitness level.
- Check road, weather and trail conditions before you leave.
- Tell someone where you are going and when you plan to be home.
- Research recreation fees and bring cash or check to pay them.
- Pack the 10 Essentials.

(Can you name them all? Hint: answers are in this brochure.)

# GORGE!

Help protect the Columbia River Gorge National Scenic Area so that future visitors can enjoy it, too.

1. Protect vital habitat by using only authorized trails and campsites.
2. Leave no trace by packing out your trash and picking up litter you find.
3. Stop the spread of invasive species by using a boot brush, available at many trailheads.
4. Protect wildlife by keeping dogs on leash and picking up their waste.
5. Be courteous. Don't block parking spots or private driveways, and don't park in unauthorized spaces.
6. Reduce carbon emissions and congestion by carpooling, taking a shuttle or biking.
7. Respect local cultures, practices and resources.
8. Help Gorge businesses prosper by shopping locally.
9. Donate time and skills to local nonprofits and agencies.
10. Support maintenance and conservation efforts by paying usage fees.

Get More Tips at [ReadySetGorge.com](http://ReadySetGorge.com)